

BAR SELECTION

RUMS

We have a selection of rums available from our Plantation pineapple rum, best sipped neat after a meal to our Bumbu Barbados rum, sweet and easy drinking, served with coke and a lot of ice! Ron Zacapa 23 solera rum, blended through a solera system at high altitude, best served neat and sipped but can add ice or a splash of water. We also have the more known rums Captain Morgan Dark and Morgan Spiced. Why not try a selection of three with a coke for £12.95.

WHISKEY

Our whiskey selection includes Jack Daniels, Jim Beam, Johnny Walker Black, Lakes Orange Cask, Jameson's, Knockandoo and Lakes Malt.

COCKTAILS

Bloody Mary

Spicy tomato juice, vodka, tobacco and Worcester sauce

Martini Espresso

Vodka, Kahlua and espresso

Dark and Stormy

Dark rum, ginger beer and bitters

Mojito

Rum, mint soda and lime juice

MOCKTAILS

Hawaiian Cooler

Mango and passion fruit with soda and ice

Ginger and Angostura Fizz

Ginger ale, bitters, lime, and soda

No-Jito

A refreshing twist on this classic cocktail

SOFT DRINKS

We have a range of soft drinks available including:

Diet Pepsi, Pepsi Max, Coke, Coke Zero, Orange Tango, Lemonade

Juices - Orange, Pineapple, Cranberry, Apple, Grapefruit, Tomato

Fentimans - Ginger Beer, Dandelion & Burdock, Pink Lemonade

Fever-tree Tonic, Light Tonic, Ginger Ale, Mediterranean,

Elderflower, Mexican Lime Soda

LIQUEUR COFFEE

French Coffee (Brandy)

6.50

Russian Coffee (Vodka)

6.50

Calypso Coffee (Tia Maria)

6.50

Italian Coffee (Amaretto)

6.50

Irish Coffee (Whisky)

6.50

Baileys Coffee

6.50

Lake District Toffee Vodka Coffee

6.50

HAVE A DRINK ON US

FRY-DAY NIGHTS

£29.00 for the Fish Fizz

2 large battered cod, hand-cut chips, mushy peas
and homemade tartare sauce comes with
a bottle of FIZZ on us!

DARTS & DOMINOES

Ask for Further Details

MUSIC NIGHT

Ask for Further Details

SUNDAY ROASTS

Every Sunday 12pm until 7pm

pre-book advisable

NEW YEARS EVE PARTY

2 courses and live music

£45.00 a ticket

The Sun Inn at Crook

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THE SUN INN

• PUB IN CROOK •



DRINKS LIST

WHITE WINES

125ML / 175ML / 250ML / BTL

1.

Cortefresca Pinot Grigio

Italy *VE*

Soft, smooth aromatic fruit with delicate acidity and a flinty minerality. Very easy drinking wine that has lovely, rounded varietal fruit flavours.

3.95 / 5.50 / 7.50 / 21.00
2.

Roos Estate Sauvignon Blanc

South Africa *V*

Classic Sauvignon from Western Cape, refreshing with light gooseberry and grapefruit flavours. An elegant wine with good length on the palate.

4.50 / 5.95 / 7.95 / 23.00
3.

Choza Rioja Blanco

Spain

This white Rioja has 80% Viura and 20% Malvasia grapes in its blending. The result is a wine of gentle citrus fruit flavours and a soft, balancing acidity. Decent length and delicate finish.

4.75 / 6.25 / 8.25 / 24.00

ROSÉ WINES

125ML / 175ML / 250ML / BTL

4.

Cortefresca Pinot Grigio Blush

Italy *VE*

Excellent long lasting fruit flavours with good length and soft, rounded acidity.

3.95 / 5.50 / 7.50 / 21.00
5.

Hilmar Springs Zinfandel Rosé

California *V*

Fresh aromas of strawberry and raspberry fruits on the nose and a sweet, succulent strawberry and cream taste. stylishly packaged and refreshing wine.

3.95 / 5.50 / 7.50 / 21.00

VE – vegan / V – vegetarian

RED WINES

125ML / 175ML / 250ML / BTL

6.

Los Pastos Merlot

Chile *V*

Soft with succulent berry and damson fruit flavours and a pleasing hint of cinnamon spice on the aftertaste.

3.95 / 5.50 / 7.50 / 21.00
7.

Homestead Pinot Noir

California *V*

This is an exceptional Californian Pinot Noir for the price! Bright, berry fruit flavours with an unexpectantly full body and silky tannins. Medium length on the palate with a tasty and delicious finish.

4.25 / 5.95 / 8.50 / 24.00
8.

Gaucheusco Estate Malbec

Argentina

Generous, sumptuous yet elegant fruit is combined with harmoniously integrated oak giving a wine of power yet elegance and a generous aftertaste.

5.25 / 7.25 / 9.25 / 27.50

SPARKLING / CHAMPAGNE

BTL

9.

Prosecco di Maria, Casa Vinicola Botter

Italy *VE*

This Prosecco punches above its price and demonstrates the pure flavours of the glera grape. Fresh and crisp with lovely balancing acidity.

20cl 8.50 / 27.00
10.

Prosecco di Maria Rose, Botter

Italy *VE*

Recent changes in italian wine law now permits the production of Prosecco Rose from Veneto when made with glera and Pinot Noir grapes. This elegant wine has an intense bouquet with soft, round and full bodied fruit on the palate, good structure and a dry finish.

20cl 8.50
11.

Autreau Premier Cru Brut NV

An exceptional house champagne made from grapes taken from premier cru vineyards. The nose is classic biscuit brioche and the palate displays a soft creamy texture resulting in decent length on the finish.

49.50

VE – vegan / V – vegetarian

BAR SELECTION

HAND PULL ALES

We source these from Theakston’s and also a few local breweries including TIRRIL one of Cumbria’s established breweries who produce the gluten free ales, FELL BREWERY from Flookborough, and THE LAKELAND BREW HOUSE Ulverston.

CIDERS

Inchs (ABV 4.5%)
Our Inch's Medium Apple Cider is a lightly sparkling cider with a fresh apple aroma - perfect for sunshine sipping. We make it using 100% British apples, grown within 40 miles from our Hereford mill.

Old Mout (ABV 4%)
Product from New Zealand, inspired by the great outdoors our usual flavours – Kiwi and Lime, Berries and Cherries, Pineapple and Raspberry always worth a check for any new flavours.

NON-ALCOHOLIC Old Mout Berries and Cherries
A special blend of strawberry and raspberry with notes of blueberry. Finished off with a burst of juicy Apple.

LAGERS

Heineken Extra Cold (ABV 5%)
Glass straight from freezer a premium lager available as a pint or a 2/3 measure (don’t do anything by half).

Fosters (ABV 4%)
Easy drinking lager which is perfectly balanced with moderate vanilla tasting notes.

NON-ALCOHOLIC Heineken 0.0
A refreshing alcohol-free beer characterised by fruity and fresh malt notes and a light body. At just 69 calories and served in a glass straight from the freezer.

GUINNESS (ABV 4.2%)

Our Guinness is served from a surger unit using the same beer as dispensed from a keg, we pour it slowly into a Guinness glass and place on the surger unit, which activates the gases already in the beer, creating the same creamy head (not available as a ½ pint).

GIN MENU

Please see the gin menu on table and why not try the Gin trio - pick 3 of your choice and enjoy with a tonic £13.50.

VODKA

We have locally sourced Vodka, and have flavoured options as well.